# My Activities Chart

Keep your activities chart updated in a **googledoc**. Include service, leadership, work, academic or CTE projects and more. Provide a copy when asking for Letter(s) of Recommendation. Can you fill out all spaces? Focus on grades 9-12. **You have done more than you think.**

Students who apply for the Ford Scholarship can list 22 activities. The UC Application allows for 25. When writing scholarship essays, use examples from this chart.

**Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| **Title** | **Brief Description (160 Characters)** | **Grade**  9-12th | **Hours**  per week | **Weeks** per year | **Total**  Hours |
| **Extracurricular Activities** | | | | | |
| Title | Tasks completed, responsibilities held. |  |  |  |  |
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| **Volunteer and Community Service** | | | | | |
| Title | Tasks completed, responsibilities held. |  |  |  |  |
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| **Title** | **Brief Description (160 Characters)** | **Grade**  9-12th | **Hours**  per week | **Weeks** per year | **Total**  Hours |
| **Work Experience** | | | | | |
| Title | Tasks completed, responsibilities held. |  |  |  |  |
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| **Educational Prep** | | | | | |
| Title | Tasks completed, responsibilities held. |  |  |  |  |
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| **Title** | **Brief Description (160 Characters)** | **Grade**  9-12th | **Hours**  per week | **Weeks** per year | **Total**  Hours |
| **Awards and Honors** | | | | | |
| Title | Tasks completed, responsibilities held. |  |  |  |  |
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| **Other** | | | | | |
| Title | Tasks completed, responsibilities held. |  |  |  |  |
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